

MYOCARDIAL PERFUSION IMAGING – INFORMATION SHEET

Dear Sir/Madam,

You should expect to be in our department for around **5 hours**. An initial myocardial perfusion imaging examination will be carried out after an exercise stress test and/or pharmacological stress test, possibly followed by a second examination at rest.

Pregnant women or those on the second part of their menstrual cycle should not undergo examinations involving radionuclides. In you are not sure, call us to arrange an appointment.

Before the examination :

- **Do not drink coffee, tea, chocolate, bananas juice, Ricoré or cola drinks, or eat chocolate or bananas for 24 hours prior to the examination. You don't need to fast.**
- **For diabetic patients**, eat light meals but avoid the food and drink mentioned above for 24 hours prior to the examination. Take your anti-diabetic medication as normal.
- **Ask your cardiologist or prescribing physician** if you need to stop taking antianginal medication (for coronary artery disease or heart failure) or antihypertensive medication (for hypertension) and, if so, which medication you should stop taking. **It is sometimes necessary to stop taking medication 3 days prior to the examination. Bring your medication with you in any case.**
- Please let us know **if you have asthma**.

When you arrive at the **reception of the Nuclear Medicine Department**, which is located in the basement of Princess Grace Hospital, next to the MRI scanner, bring the following with you :

- your social security card and certificate, your health insurance card, if you have one, and one form of ID;
- the letter from your doctor.

Your doctors will be happy to give you any more information that you may need.

REFERENCE :
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